



For information about our services please contact by letter or e-mail or telephone:

A receptionist will answer calls between 9.00 am and 4.00 pm on Mondays to Thursdays and between 9.00 am and 3.00 pm on Fridays. At other times messages can be left on the answer phone and your call will be returned as soon as possible.

Telephone: **01453 766310**

or write to:

**Gloucestershire Counselling Service**

Alma House  
52 / 53 High Street  
Stroud  
Gloucestershire  
GL5 1AP

To contact us by email, please fill in this form.

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**A useful resource for counselling across the county:**

[https:// www.counselling-directory.org.uk](https://www.counselling-directory.org.uk)