The topics for our Forum programme this year are

- **In practice:** The subjects presented within this topic are seen as important for all practising therapists.
- **Counselling contexts:** How does the context of our work affect our practice?
- **Young People and Family Dynamics:** These seminars will help us understand and work with the effects of early experiences. They are for all practitioners, not only those who work directly with young people or families.
- **Mind and Body:** The integration of mind and body into the whole person.

All the forums except Creative Transformations are full-day, running from 10:00 until 16:00.

**March 21st – Professional Boundaries** - from the Counselling Contexts topic

Jonathan Coe of The Clinic for Boundaries Studies ([www.professionalboundaries.co.uk](http://www.professionalboundaries.co.uk)) will speak about Professional Boundaries. This interactive and engaging forum – which includes a board game after lunch! – will provide a space to think about professional boundaries and relationships. We will discuss core concepts of power, vulnerability, self-disclosure and related ethical issues in a bid to understand the implications for ourselves, our clients and our practice.

**March 28th – Non-interpretive work in psychodynamic psychotherapy** – from the In Practice topic

Presented by Philip Harris, psychodynamic psychotherapist, this workshop concerns clinical technique when our traditional way of interpreting the transference is not working. It will consider alternative ways of working within the psychodynamic model, and you may like to attend both this workshop and Elizabeth O’Loughlin’s forum in May in order to hear different perspectives on the essential craft of interpretation.

**April 18th – Creative Transformations** – from the Mind and Body Topic – ½ day, 10:00 – 13:00

Following her well-received forum on Spontaneous Mental Imagery, Lesley McGown will develop further ideas about working creatively with the effects of trauma and understanding imagery and counter-transference in this work. Lesley McGown is a Relational Integrative Psychotherapist and a Consultant Specialist Psychotherapist with the London based Clinic for Dissociative Studies.

**In Practice topic**

**May 9th - Transference and Interpretation** – from the In Practice topic

Presented by Elizabeth O’Loughlin - We will raise questions about the nature of transference; what do we mean when we say ‘we interpret the transference’ or alternatively ‘we interpret in the transference’. We will consider interpretation – why do we interpret? How can we know whether the interpretation has had an effect and on what?

**Young People and Family Dynamics topic:**

**20th June – Boarding School** -

Lorraine Vivian is a Psychoanalytic Psychotherapist in private practice in Bristol and Bath and a member of the Severnside Institute. She is a Trainer for counsellors working in schools and a Tutor and Schools Supervisor at GCS. During this workshop Lorraine will consider how people may be affected by attendance at Boarding Schools. It will help us to think about the immediate impact of separation
on children and their families, and on the long-term consequences for personal and psychological development. The workshop will be of interest to all counsellors and therapists.

**GCS also run the following short courses:**

**Introduction To Counselling** - Stroud & Cheltenham - this course help students to understand the importance of listening and gives essential practice in listening skills. Courses are run over 10 weeks - please see the website for further details.

Start dates for 2015:

- Stroud - Thursday 30th April 2015 - 6.30pm - 8.30pm (10 weeks)
- Cheltenham - Wednesday 6th May 2015 1.00pm - 3.00pm (10 weeks)
- Stroud - Summer week - Monday August 17th - Friday August 21st - 10.00am - 3.00pm (daily)

**Introduction to Counselling Skills** - Swindon - starting this summer we aim to run a course for the first time in Swindon - to register your interest please email training@gloscounselling.org.uk

**Certificate in Counselling Skills** - 1 year part-time course - Stroud and Cheltenham.

This course is intended for anyone who wants to develop their listening skills for professional or personal reasons. If you want to become a counsellor it is an essential qualification for further training.

Start dates for 2015:

- Stroud - Wednesday 30th September 2015 - 9.30am - 1.00pm
- Stroud - Wednesday 30th September 2015 - 6.00pm - 9.30pm
- Cheltenham - Tuesday 29th September - 6.00pm - 9.30pm

**Diploma In Psychodynamic Counselling** - 3 year part-time course - Stroud

The diploma combines theoretical seminars and clinical experience; it takes students towards being able to work independently as counsellors and includes supervised clinical placements within the service.

We are accepting applications now.

To find out more about any of our courses please look at our website [www.gloscounselling.org.uk](http://www.gloscounselling.org.uk) or contact us by telephone: 01453 766310, or email: info@gloscounselling.org.uk & forum@gloscounselling.org.uk